

# **BILL OF RIGHTS FOR YOUNG ATHLETES**

Right to participate in sports

Right to participate at a level commensurate  
with each child's maturity and ability

Right to have qualified adult leadership

Right of children to share in the leadership  
and decision-making of their sport participation

Right to participate in safe and healthy  
environments

Right to proper preparation for participation  
in sports

Right to an equal opportunity for success

Right to be treated with dignity

Right to have fun in sports

*Note: From *Guidelines for Children's Sports* (pp. 15-31) by R. Martens and V. Seefeldt (Eds.), 1979, Reston, VA: AAHPERD. Copyright 1979 by AAHPERD. Reprinted by permission of the American Alliance for Health, Physical Education, Recreation and Dance, 1900 Association Dr., Reston, VA 22091*